

# CALENDAR OF EVENTS 2010

*The Epilepsy Foundation of Greater Los Angeles will ensure that people with seizures are able to participate in all life experiences; and will prevent, control and cure epilepsy through services, education, advocacy and research.*

*The programs and events help those affected by epilepsy connect with others, access care and overcome the challenges of this disease. Whether it's a social gathering, a seminar for information sharing, a public policy meeting, individual advocacy, or a camp program, these events play a critical role in the health and well-being of everyone living with the reality of seizures. It is our desire that because of these events, programs and services, participants are less isolated, more informed, better able to access care and services and more prepared to help increase public awareness about epilepsy.*

## Winter Retreat for Adults

January 9, 2010

This one-day Retreat for adults with epilepsy provides a rare opportunity for them and their guests to share challenges and coping skills, develop supportive friendships and have fun together. (partnership with Keith's House Foundation)

## Sibling & Teen Social

March 2010

This one-day social activity provides an opportunity for siblings of children affected by epilepsy and the child with epilepsy to connect and socialize.

## California NeuroAlliance Conference

March 16, 2010

The Epilepsy Foundations in California join other neurological advocacy organizations to discuss policy issues of mutual concern and meet with legislators in Sacramento.

## Team Epilepsy - LA City Marathon

March 20-21, 2010

Be part of this major regional event and help increase awareness and funds for epilepsy by taking part in the Los Angeles City Marathon.

## Public Policy Institute/Kids Speak Up!

March 23-25, 2010

The Public Policy Institute and Kids Speak Up! follows the National Walk For Epilepsy on the National Mall on March 28<sup>th</sup>. Federal and state legislative advocacy issues are presented, and participants meet with elected representatives in D.C.

## Care & Cure – Epilepsy Benefit

June 9, 2010

Our 4<sup>th</sup> Care & Cure benefit dinner will support our Care & Cure initiatives to improve access to specialty care and support research in pediatric epilepsies.

## Epilepsy Teen Retreat

June 20 – June 25, 2010

This fun-filled week is for teens with epilepsy between the ages of 12-19. It provides an opportunity to make friends, experience new challenges, learn new things about themselves and epilepsy, and realize they are not alone.

## Epilepsy Family Picnic in the Park

August 21, 2010

This family pot-luck picnic provides a time for families and individuals with epilepsy to socialize, bob for apples, enjoy sack races, arts and crafts, music and games.

## Epilepsy Freedom Walk

October 17, 2010

This community event for friends and families feature a non-competitive walk, picnic and games for all to enjoy as they raise awareness and funds for epilepsy and meet others affected by epilepsy.

## Epilepsy Brain Storm Summit

November 6, 2010

This annual regional bilingual conference is held during November Epilepsy Awareness Month. Experts present on topics of interest to individuals affected by epilepsy and their families. Includes special workshops.

## Epilepsy Family Holiday Party

December 11, 2010

This annual party provides a chance for families of children with epilepsy to socialize. Santa Claus leads the gift-giving, and volunteers lead children in creative activities.

## ...And More!

2010

*Periodically during the year various seminars and social activities are offered for adults, children and families. Visit our website and join our Enews to ensure you get updates about upcoming events.*

*\*At present, due to insufficient funding, we regret that we will probably not hold Epilepsy Family Camp 2010.*

## Regular, Monthly and Periodic Services

The local Epilepsy Foundation also offers regular, monthly and periodic services throughout the year that include:

- Support Groups
- Second Saturday Seminars
- IEP Clinics and Other Advocacy Assistance and Referrals
- Therapy Group for Adults
- Periodic Seminars (Various Topics)
- 800# Helpline for Healing & Hope (Information & Referral Services)
- Resource Center with brochures, materials and DVDs
- Seizure ID Bracelets/Necklaces
- Presentations on Seizure Recognition and First Aid
- Health Fairs

*Event dates and locations are subject to change. Some events and programs require specific admission criterion and have limited capacity. Most events require advanced registration or response. Please contact the Epilepsy Foundation to get more details and updated information.*